IMPORTANT INFORMATION FOR YOUR HEALTH

FOR YOUR HEALTH, AND THAT OF OUR STAFF AND PATIENTS, PLEASE WASH AND SANITIZE YOUR HANDS PRIOR TO ENTERING THE CLINIC, AND THEN WHEN YOU ARE LEAVING.



The CDC encourages you to be diligent in the following to avoid transacting or transmitting COVID-19



- 1. Wash your hands often, for no less than 30 seconds with soap and water.
- 2. Avoid touching your eyes, nose, or mouth with unwashed hands.
- 3. Avoid contact with sick people.
- 4. Stay home while you are sick.
- 5. Cover your mouth/nose with a tissue or sleeve when coughing or sneezing.
- 6. Clean and disinfect frequently touched objects and surfaces.

Thank you for your understanding as we work hard to help us all remain healthy during this time, so you can Get Here and Get Better.

As always, please let us know if you have any concerns or questions.

